

Communication, Experimentation & Applications 1 Laboratory Handbook.

Title: VISUAL SCREENING

Ref Number: 9

Location: LIGHTING LABORATORY

Supervisor: JAFAR KHALID Academic: JOSEPH PEKRIS

Team Size: ∼**4**

Environment: INDOORS

OBJECTIVE

To experience a visual screening test, normally undertaken by opticians, to determine the quality of your vision, with respect to colour.

APPARATUS

Rapid Screening Sheet (OVS)

THEORY

You may for example have employees who are complaining about the lighting. If you suspect that lighting is not at fault- you may wish to suggest the employee is visually screened.

PROCEDURE: The Standard Battery Occupational Visual Service.

For all tests use both eyes, binocular vision with visual aids (contact lenses or glasses). Read the bold line out to your partner as you go through the tests and mark the record sheet

Test Number 1: Vertical Imbalance (Farpoint) - OVS Card Number 9-1

Does the yellow line pass entirely above, entirely below, or through any part of the red ball?

This test shows whether the visual axes of the two eyes are in the same vertical plane. Although to be absolutely accurate the yellow line should pass through the centre of the red ball, the record form should be checked at "0" if the line passes through any part of the ball. If the yellow line is above or below the red ball, record the location in the corresponding diagram on the record form.

If, glasses are worn, and the line doesn't pass through the ball, test again without glasses. It could be the glasses are out of alignment, and the artificial vertical imbalance will cause severe symptoms of ocular discomfort.

Test Number 2: Lateral Imbalance (Farpoint) – OVS Card Number 9-2

When the arrow comes to rest, to what numbers or between what numbers does it point?

If the arrow points anywhere between 7 and 11, acceptable lateral posture is indicated at far point. Seven and Eleven are doubtful.

Lateral imbalance is indicative of faulty posture of the eyes and of poor coordination between them, resulting in impaired visual skills.

Test Number 4: Far vision – Both Eyes – OVS Card Number 9-4

There are 10 signboards placed in the picture. In each signboard there are five white diamonds, and in one of these diamonds is a black dot. This dot is located either in the top, bottom, right or left diamond. Tell me the location of the location of the dot in each signboard, starting at Number 1.

This test has two purposes:

- i) It provides an indoctrination into the testing situation.
- ii) If scores are lower on the both eye test than on the "best eye" test either the right or left eye, some difficulty in binocular seeing may be indicated. As a rule, Test 2 and 3 or both are found unsatisfactory.

Snellen equivalent of Tests 4, 5 and 6 valid only for when 1 eye is occluded:

- 1 20/100
- 2 20/60
- 3 20/40
- 4 20/28
- 5 20/25
- 6 20/22
- 7 20/20
- 8 20/18
- 9 20/17
- 10 20/15 Vision

Test Number 5: Far vision – Right Eye – OVS Card Number 9-5

There are 10 signboards placed within the picture. In each signboard there are five white diamonds, and in one of these diamonds is a black dot. This dot is located either in the top, bottom, right or left diamond. Tell me the location of the location of the dot in each signboard, starting at Number 1.

Note: If subject cannot see the dot in 7th signboard, cover the left eyepiece of the instrument so that the right eye is in use. If more dots can now be seen than previously, indicate this on the record form by an "0" instead of a check mark.

It will be noted that this test, also is given with both eyes open, as they are used in life. Since the dots to be seen are only on the right side of the cards, the subject is being given, without their knowledge and with both eyes open, a test for the right eye only. Use a check mark on the record form to indicate the last correct reply.

By occluding the left eye so that the employee uses his right eye only, the visual acuity of this right eye frequently surpasses that which was possible when both eyes were used together. Instances will be found where there is apparently no vision at all in the one eye when both eyes are being used, but 20/20 vision is achieved when the opposite eye is occluded

This phenomenon is known as suppression. One instance of suppression that often develops is the case of a person, who, through the continued use of one eye in a microsope, a surveyor's tansit, or a jeweller's loop, builds up a habit of suppressing vision in the opposite eye.

Since tests for visual acuity are usually made on the Snellen Chart and by occluding one eye, thus giving the test monocularly, it is obvious that these cases of suppression would not ordinarily be



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discovered. Thus it is important for close cooperation between industry and the doctor to whom referrals are made, else misunderstandings will happen.

Test Number 6: Far vision – Left Eye – OVS Card Number 9-6

Repeat Test Number 5

Test Number 7: Depth Perception (Far Point) – OVS Card Number 9-7

On the line 1, you see a star, a square, a cross, a heart and a ball. Which one of these characters stands out towards you in the other lines? Line 2? Line 3? Etc

This is a test of the employee's depth perception or ability to judge distance with accuracy. Any employee operating moving vehicles, must be able to judge distances accurately and quickly. Depth perception is a highly developed visual skill and is the first one to be sacrificied when difficulty develops in the ocular behaviour.

The percentages of stereopsis represented by the different lines in the test are:

1 - 10%; 2—20%; 3—30%; 4—40%; 5—50%; 6—65%.

A high percentage of stereoscopic ability is required for dynamic work and as such at least Line 5 should be passed. These percentages are based on another Keystone Stereometric Series, which affords a more detailed test for depth perception.

<u>Test Number 8: Colour Vision (Severe) – OVS Card Number 9-8</u>

Do you see 3 circles? Tell me the number in each circle. Top? Lower Left? Lower Right?

This tests for severe colour deficiency. If the individual cannot quickly and easily give the numbers in two of the three circles, he may be considered severely colour deficient. Failure or doubt on Tests Number 8 or 9 may be further investigated on the Dvorine Pseudo – Isochromatic Plates. Available from the Keystone View Company.

Test Number 9: Colour Vision (Mild) – OVS Card Number 9-8

Do you see 3 circles? Tell me the number in each circle. Top? Lower Left? Lower Right?

This tests for mild colour deficiency. If the individual cannot quickly and easily give the numbers in one of the three circles, he may be considered mildly colour deficient. Failure or doubt on Tests Number 8 or 9 may be further investigated on the Dvorine Pseudo – Isochromatic Plates.

FOR NEAR POINT TESTS: POSITION AGAINST STOP ON SHAFT NEAR INSTRUMENT HEAD

Test Number 10: Vertical Balance (Near Point) – OSV Card Number 9-10

Does the yellow line pass entirely above, entirely below, or through any part of the red ball?

This test should be interpreted in the same manor as Test Number 1. If the subject is wearing bifocals, it may be that he will show a vertical imbalance at near but none at the far point. Persons who do not wear glasses are likely to show the same vertical posture in the near and far points.

Test Number 11: Lateral Imbalance (Near Point) OSV Card Number 9-11

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To what number does the arrow point?

If the arrow points anywhere between 3 $\frac{1}{2}$ and 7, an acceptable lateral posture is indicated for near point. 3 $\frac{1}{2}$ and 7 are doubtful.

Test Number 13: Near Vision (Both Eyes) OSV Card Number 9-13

Notice the 22 circles making up the large circle. On some of the circles there are black lines, other have black dots, and others are gray, having neither lines nor dots. Beginning with Circle 1 identify each circle as having lines, dots or being gray. What do you see in Circle 1, Number 2, etc.

Note: If the subjects goes as far as Circle 9 it is feasible to try to start him on Circle 6 on Test Number 14 (Right Eye) and 15 (Left Eye) to save time

This is a test of the visual acuity of both eyes taken at the near point working distance of 16 inches (0.40 m) If the nature of the subject's work is such that it does not make any difference which eye sees, this will be the only near point acuity test necessary, skip Test Number 14 and 15.

Snellen equivalent of Test 13,14 and 15. Valid only when one eye is occluded:

- 1 —20/200
- 2 ---20 /100
- 3 —20/67
- 4 -20/50
- 5 and 6—20/40
- 7 and 8—20/33
- 9 and 10-20/28
- 11 and 12—20/25
- 13 and 14—20/22
- 15 and 16—20/20
- 17 and 18—20/18
- 19 and 20—20/17
- 21 and 22—20/15

The complete 3 card test for near point should be given to every employee who uses his eyes for critical seeing for prolonged periods. While the examiner may feel that the 70 seconds necessary to give the 3 tests is a long period, it serves a useful purpose. If near point vision is maintained with difficulty, the 3 tests will show up diminution of achievement through fatigue. An employee whose vision fatigues on a 1 minute test will have difficulty in maintaining visual efficiency over an entire working day.

RESULTS

On the OSV sheet

DISCUSSION

Analysis the result of the OSV using the above information

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Self Scoring Form No. 9

NAME

DEPT.

Occupational Visual Service

LATERAL FIELD READING

READING GLASSES PERCEPTION (Near Point Only) NEVER COLOUR FAR VISION NEAR VISION (Reading) PERCEPTION CONTACT LENS DEPTH (Driving) FAR and NEAR BOTH TRIFOCALS AT ALL TIMES FAR POINT ONLY GLASSES WEARS BIFOCALS NEAR POINT ONLY SINGLE VISION REQUIREMENTS ONLY VISION NONE GLASSES WORN DURING TEST JOB ASSIGNMENT FEMALE MALE

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RAPID SCREENING TESTS

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LEFT EYE FAR POINT TESTS

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O.V.S. Rapid Screening Test Card	ACUITY Upper Lower Blocks 6/12 6/9	P E C F D F D P E C	COL.3 Both D.C.F.E.P Z.P.E.D.F.C. Right Eye 6/	BINOCULAR COORDINATION - Depth Perception	Block 4 Symbol Closer Top Line Pass	Middle Line W Sorthork	should be correctly loca	Statistical C.V.S. 1681-190.3.	COLLOIN TENCER HON Correct Responses	Bock 5 – 1 Bock 6 – 3 Pass Bock 7 – 4	Block 8 - 8 Recheck	Blocks 5 and 6 check Red/Green. Block 7 and 8 check hues of Red and Green. Consider Colour blind only if Blocks 5 and 6 or either of them is missed. Check on Standard O.V.S. Cards if	any block cannot be identified,

Keystone Near Point Snellen Acuity Test Ca

Paragraph Reading - Both Eyes

NEAR POINT TESTS

Good vision is important

general health as well as

Middle Line N/6

Top Line N/8

Bottom Line N/4 - safety and job performa

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REFERRED FOR ATTENTION

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Recheck Left Eye N Right Eye N Pass

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9/N-S

CFDPE FDPEC P PZEOL EPLZO L EDFCZ ZPDFC D LOPZD ELOZD F

3 - N/10 1 - N/18 2-N/12 4 - N/8

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Snellen Acuity Test, Near Poin

Right Eye

Left Eye

Failure on any portion of these tests, should be re-checked on the Standard O.V.S. Tests. PASSED RAPID SCREENING

TESTS ADMINISTERED BY

DATE: